



Starting Blocks

Volunteering Opportunities

The Starting Blocks programme provides opportunities for employee-volunteers to support care experienced young people, aged between 12 and 25, to gain the practical skills, knowledge, attributes and behaviours they need to secure employment and improve their life chances.

Skills Videos

We are working to create a bank of resources for young people that they can access flexibly at a time that suits them. We are looking for employee-volunteers to create short videos focusing on a variety of skill areas such as:

- Writing a CV
- Managing money and budgeting
- Transferable skills
- Knowing your skills
- Staying positive (resilience)

Behind the Scenes Visits

In line with the easing of restrictions, we are starting to plan much missed face to face sessions. We would love to hear from you if you may be able to host a short visit for a small group of young people. The visits are designed to give young people an insight into the breadth of roles within an organisation and to allow them to experience a work environment.

These sessions typically last between 1.5 and 2 hours and are delivered on Thursday evenings from 5pm though there is some flexibility in this.

Cup of tea and chat

Would you be willing to have an informal chat with a young person about your role and career path? We'd like to have a bank of employee-volunteers in various roles to enable us to respond quickly to requests from young people with specific interests.



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